

RUSK REHABILITATION

Rusk's Renovated Pediatric Therapy Facilities at the Hospital for Joint Diseases

Rusk Rehabilitation is excited to announce the full opening of its newly redesigned and relocated pediatric therapy facilities at the Hospital for Joint Diseases (HJD), located at 301 East 17th Street at Second Avenue.

The three primary areas of care are:

Inpatient Rehabilitation Services: The CARF-accredited Inpatient Rehabilitation Unit has opened on the 8th floor with 16 beds for multidisciplinary, intensive, specialized therapy for children 18 months old through 20 years of age.

Children receive three combined hours of physical, occupational, speech and swallowing therapy each weekday and have a modified weekend schedule. Depending on their treatment plan, they receive additional services that could include psychological/neuropsychological care, therapeutic recreation, creative arts therapies, child life services, horticulture therapy, integrative medicine services and schooling. Sessions include individual sessions with highly trained pediatric therapists, as well as time on positioning equipment to optimize their current functional status. The ultimate goal is for the children to be able to return home and back to school. Extensive collaboration amongst the multidisciplinary team throughout the entire admission ensures all aspects of the child's needs are met.

The multidisciplinary team works closely with the families to ensure proper training for effective carryover when the therapy day is done, and ultimately for when they are discharged home and return to school.

Outpatient Therapy Units: The Outpatient Unit on the 4th floor provides comprehensive, multidisciplinary outpatient therapies for children from birth to 21 years of age in need of a hospital-based, restorative therapy program. Services include physiatry, physical and occupational therapy, speech/swallowing therapies, psychology services, therapeutic recreation/creative arts therapies, and a Child Life program.

Therapy sessions focus on age appropriate developmental or functional skills that correspond to the child's condition.

Acute Care Medical Surgical Unit: As it has for several years, Rusk continues to provide rehab care for postsurgical patients and orthopedic care in HJD's Acute Medical/Surgical Unit on the 8th floor of HJD.



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(Continued from front)

Below are some highlights of the cutting-edge, comprehensive offerings that Rusk brings to the Hospital for Joint Diseases.

Integrative Health

As the fortunate recipients of a generous donation, HJD now offers a full-time integrative health therapist available to all pediatric inpatients and their families.

Leading Edge Equipment

Equipment and bracing needs are assessed to optimize functional outcomes, and state-of-the-art therapy equipment such as the Lokomat®, Lite Gait, RT-300, Saebo, and MOTomed are utilized to restore lost function.

A twenty-one session Lokomat® intensive gait training program is offered through the pediatric Outpatient Physical Therapy Department. Candidates are screened for eligibility over the phone and through a thoughtfully designed clinic evaluation process.

Concussion Program

Patients under the age of 16 years who are referred through the NYU Langone Concussion Program will be treated at the pediatric outpatient therapy facility by specially trained therapists. Learn more about the program at www.NYULMC.org/concussion.

Partnership with the Department of Education

Teachers from the Department of Education are also on-site to continue daily schooling, to facilitate communication with the child's current school, coordinate academic testing when appropriate, and facilitate the return to the appropriate school setting.

If you have any questions about Rusk's services at the Hospital for Joint Diseases, please contact Maria-Cristina Tafurt, Site Director for Rusk Rehabilitation at HJD, at MCristina.Tafurt@nyumc.org or 212-598-6745.

